

# Child and Teen Checkups



You are eligible if you are:

- ✓ Age birth through 20 years old
- ✓ Receive Medical Assistance

## How can we help you?

- Find a primary care doctor and dentist for you and your children.
- Schedule appointments for checkups.
- Learn more about your child's development.
- Schedule health rides and interpreters through your insurance plan.
- Understand your health plan rewards.

## C&TC Checkups are due:

2 weeks	18 months
2 months	24 months
4 months	30 months
6 months	*****
9 months	Every year
12 months	from
15 months	Age 3 through 20

## Dental check-up recommended:

- At 1<sup>st</sup> tooth or 12 months old
- Then every 6 months (2 times per year)

**Ramsey County Child and Teen Checkups (C&TC)**  
**651-266-2420**

Child-TeenCheckups@ramseycounty.us

**GET REWARDED FOR KEEPING YOUR FAMILY HEALTHY.**

**Medica** 1-800-373-8335  
**Provide-A-Ride** 952-992-2580  
**Provide-A-Dentist** 651-406-5919



**Child & Teen Checkups (C&TC)**

- Earn **\$25** for annual checkups (ages 3 – 21)
- Earn **\$25** for completing two checkups between ages 15 – 30 months

**Pregnancy**

- Receive **\$70** to use towards baby item (car seat, diapers, etc)
- Earn **\$25** for prenatal visit during 1<sup>st</sup> trimester
- Earn **\$25** for postpartum visit within 7-84 days of delivery

**Dental** Earn **\$25** annually for a completed dental visit

**BluePlus** 651-662-8000  
**BlueRide** 651-662-8648  
**Delta Dental** 1-800-774-9049



**Child & Teen Checkups (C&TC)**

- Earn up to **\$25** for completing two checkups between ages 15 – 30 months
- Earn **\$10** for every well child checkup (0 – 15 months)

**Pregnancy**

- Earn **\$75** for completing 1 prenatal visit
- Earn **\$75** for a postpartum visit within 12 weeks of delivery

**Dental** Earn **\$25** annually for a completed dental exam

**Car Seat** Education and car seats provided from pregnancy to age 9

**HealthPartners** 952-967-7998  
**RideCare** 952-883-7400  
**Dental** 952-967-7998



**Immunizations**

- Earn **\$25** when babies receive the recommended vaccine series by age 2
- Earn **\$25** when preteens ages 11-12 receives certain vaccines

**Pregnancy**

- Earn **\$25-\$50** for participating in the Healthy Pregnancy Program
- Earn **\$25** for a postpartum checkup 3-8 weeks after birth

**Car Seat** Education and car seats provided from pregnancy to age 8

**UCare** 612-676-3200  
**Health Ride** 612-676-6830  
**DentaQuest** 888-227-3310



**Child & Teen Checkups (C&TC)**

- Earn **\$25** for annual checkups (ages 3 – 21)
- Earn **\$25-\$50** for completing checkups between ages 15 – 30 months

**Pregnancy**

- Earn **\$75** for early prenatal care and timely postpartum visit
- Earn **\$25** for pregnant smokers completing phone counseling

**Dental** Earn **\$25** for a completed dental visit

**Car Seat** Education and car seats provided from pregnancy to age 9

**Check your health plan for changes and more rewards.**