

# agenda

## **Saint Paul-Ramsey County Food and Nutrition Commission**

*August 2, 2010 – 5:30 – 7:30 p.m.*

Location:

Rondo Community Outreach Library, Multipurpose Room  
461 Dale Street North, St Paul (corner of University and Dale)

### **Outcomes:**

- Build relationships among Commission members
- Develop a shared knowledge base about the history and purpose of the Commission
- Create a shared vision for the impact of the Commission on the local food environment
- Determine a shared sense of group dynamics and culture for Commission

**Introductions** – Julie Seiber, Saint Paul-Ramsey County Public Health

**Welcome** - Rob Fulton, Director, Saint Paul-Ramsey County Public Health – *10 minutes*

**Reflective Conversation** (Pairs Discussion) –Maggi Adamek - *10 minutes*

- What led you to care about food?
- Why are you interested in providing leadership around food and nutrition issues for our community?

**Background and History of Food and Nutrition Commission** (Julie Seiber) – *10 minutes*

- Original commission formation
- Review of original strategy (reviewed by community forum in 2002)
- SHIP funding and reactivation
- Purpose and intent moving forward

**Group Discussion** – *(5 minutes)*

What questions do I have about the Food and Nutrition Commission?

**Formulating a Vision** – *(25 minutes)*

- What would I like to see the food system/food environment in Ramsey County look like?
- What role would I like to see the Commission play in achieving this vision?

**Building a Community** – *(25 minutes total)*

*Part #1 – Triad discussion (10 minutes)*

- Tell a brief story about a group that you participated in that was effective, productive and enjoyable. What made it that way? What were the characteristics of the group that contributed to it?

*Part #2 – Envisioning Our Group Culture (15 minutes)*

- Based on the conversation you had with your partners and the stories you shared, what would you like to see this group value? Operate like?

**Closing (5 minutes)**

- What did we accomplish today?
- What will we do next time?
- How do I like to receive information?
- How can we share information among members?

**Plans for next meetings (5 minutes)**

- Change Sept. to Monday, September 13 (Second Monday due to Labor Day)
- Discuss plans and select date for a 4-hour working conference at the end of Sept./first of Oct. with Branden Born, Assis. Professor, Department of Urban Design and Planning, University of Washington and on the Advisory Committee for Seattle/King County Food Policy Council, a city/county group similar to this Commission

Possible dates/times: Sat., Oct. 2, 9am – 1 pm

Mon., Oct. 11, 4pm – 8 pm