

Winter Fun

Recreation and community centers have free, open play times for caregivers and children five years of age or under. Children must be supervised by an adult at all times.

Days, hours, equipment and ages vary by location.

Visit stpaul.gov/tottimes for updated schedules.

Arlington Hills

1200 Payne Ave
651-632-3861

Hayden Heights

1965 Hoyt Ave E
651-298-5716

Palace

781 Palace Ave
651-298-5677

Battle Creek

75 Winthrop St S
651-501-6347

Highland Park

1978 Ford Pkwy
651-695-3706

Phalen

1000 E Wheelock Pkwy
651-793-6600

Dayton's Bluff

800 Conway St W
651-793-3885

Jimmy Lee/Oxford

270 Lexington Pkwy N
651-642-0650

Rice

1021 Marion St
651-558-2392

Edgcombe

320 Griggs St S
651-695-3711

Lindwood

860 St. Claire Ave
651-298-5660

West Minnehaha

685 W Minnehaha Ave
651-298-5823

El Rio Vista

179 Robie St E
651-789-3692

Merriam Park

2000 St. Anthony Ave
651-298-5766

Frogtown

230 Como Ave
651-266-5407

North Dale

1414 St. Albans St N
651-558-2329

Winter Resources

Coats for Kids

- 1-800-725-2769
- salvationarmynorth.org

Energy Assistance

- Assistance with home heating costs.
- caprw.org | online application
- 651-645-6470

HeatShare

- Salvation Army | 1-800-842-7279
- <https://centralusa.salvationarmy.org/northern/heatshare-program/>
- Last option utility assistance.

Food Resources (food shelves, free meals and food assistance)

- Ramsey County - ramseycounty.us/foodresources
- Minnesota - mn.gov/dhs/food-emergency
- Keystone Foodmobile - keystoneservices.org/events

Neighborhood House, Winter/Spring Fresh Produce Distributions

- 651-789-3630
- Metropolitan State University (Student Center Room).
- 2:30 - 4 p.m.
- 2024 | Dec. 18
- 2025 | Jan. 8, Feb. 12, Mar. 12, Apr. 9, May 14

WINTER Physical Activity Guide



Ready, Set, SNOW!!

Indoor Swimming

Goldfish Swim School

7055 10th St North, Suite 100, Oakdale | 651-638-2130

Free family swim hours.

See web for dates/times: goldfishswimschool.com/oakdale

Maplewood YMCA Community Center

2100 White Bear Ave, Maplewood | 651-747-0922

Reservations may be needed.

[Call for hours and prices.](#)

Oxford Community Center - Great River Water Park

270 N Lexington Pkwy, Saint Paul | 651-642-0650

Shoreview Community Center - Tropics Water Park

4580 Victoria St North, Shoreview | 651-490-4700

Ice Skating - partial list

[Call or visit \[stpaul.gov\]\(http://stpaul.gov\) \(search: ice rinks\) for hours and times.](#)

Battle Creek Recreation Center | 651-501-6347

Edgumbe Recreation Center | 651-695-3711

Desnoyer Park | 651-266-6400

Groveland Recreation Center | 651-695-3714

Langford Park | 651-298-5765

North Dale Recreation Center | 651-558-2329

Palace Community Center | 651-298-5677

Phalen Recreation Center | 651-793-6600

YMCA

[Visit to find nearby locations, programs and updates.](#)

YMCA.org/find-your-y

Libraries

[Visit website for locations, storytimes and languages offered.](#)

Saint Paul - sppl.org/storytime

Stories, songs, movement, supporting literacy development and learning in young children.

Ramsey County - rclreads.org

Library of things has a collection of games, crafts and more.

Parks and Recreation

[Call or visit the city and county website for more information.](#)

Saint Paul | stpaul.gov/departments/parks-and-recreation

- 651-266-6400
- Free recreation activities for different ages.

Ramsey County | ramseycounty.us/parks

- Check out: Programs & Events.
- Check out: Tamarack Nature Center.

Sledding, Parks & Trails

[Visit \[stpaul.gov\]\(http://stpaul.gov\), search *sledding hills* and \[ramseycounty.us/parks\]\(http://ramseycounty.us/parks\).](#)

- For all locations and activity updates.
- Find a park or trail.
- Find sledding locations with safety rating.

Nature Centers & Zoos

[Call for days, hours and prices.](#)

Tamarack Nature Center -

Discovery Hollow Nature Play Area

5287 Otter Lake Rd, White Bear Township | 651-266-0360

Como Park Zoo & Conservatory

1225 Estabrook Dr, Saint Paul | 651-487-8201

Minnesota Zoo

13000 Zoo Blvd, Apple Valley | 952-431-9200

Online tickets required or call to reserve over the phone.

Open 10 a.m. - 4 p.m. | Parking \$8

Free with eWIC card through Free to Explore (ZAP) Program

Museums

Science Museum of Minnesota

120 W Kellogg Blvd, Saint Paul | 651-221-9444 | new.smm.org

\$3 tickets with eWIC card through Great Tix Program.

Minnesota Children's Museum

10 7th St West, Saint Paul | 651-225-6000 | mcm.org

\$3 tickets eWIC card through All Play Program.